



**December, 2020**

# Q2 BELL SCHEDULE



## BELL SCHEDULE – Q2

Take a pic with your phone

### GRADE 9/10's

### GRADE 11/12's

P1 7:55 - 9:10 am

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**P3** 9:15 - 11:15

BREAK 9:10 - 9:25 am

FLEX 11:15 - 11:45 am

**P3** 9:30 - 11:30 am

LUNCH 11:45 am - 12:15 pm

FLEX 11:30 AM - 12:00 pm

**P5** 12:20 - 2:20 pm\*\*

LUNCH 12 - 12:30 pm

FLEX 2:20 - 2:50 pm

**P5** 12:35 - 2:35 pm\*\*

FLEX 2:35 - 3:05 pm

\*\*P5 Mon/Thurs students A-L

\*\*P5 Mon/Thurs students A-L

Tues/Fri students M-Z

Tues/Fri students M-Z



# Leadership Christmas Singing Opportunity



I am sure we have lots of wonderful singers out there in our school community that can carry a TUNE.

If any staff, students, or teachers are interested in singing a Christmas song for one of our upcoming Leadership activities for Christmas Spirit Week, please stop by room 303 to see Mr. Raghoobarsingh sometime next week (Monday~Thursday) during Flex for further details.

“Community Is Unity”  
Junior Leadership



*Study tips?*

*Advice on  
making friends?*

*Conflict  
resolution  
ideas?*



*Highschool  
questions?*



# Mobile Mentors



Need advice on highschool issues? Just DM our Instagram or email us to speak to an experienced grade 12 mentor confidentially.

**@hwssmobilementors**

**hwssmobilementors@gmail.com**

# KWAP CHRISTMAS FOOD BANK DRIVE

- Please bring non-perishable food items to Mrs. Nunn's room! (Room 109)
- November 19th - December 14th!

Questions?: [127-dshin@sd43.bc.ca](mailto:127-dshin@sd43.bc.ca)





## Signing up

Scan this QR code or click the link in our bio

ART SUBMISSION DEADLINE  
DECEMBER 18TH



@mime\_x\_society  
mimexsociety@gmail.com



# MimeX Social Society: VR Multicultural Art Fair

## What is MimeX?

MimeX Social Society is a registered youth-led non-profit organization navigating the potentials in society, striving to bond and appreciate the diverse community through gratifying experiences.

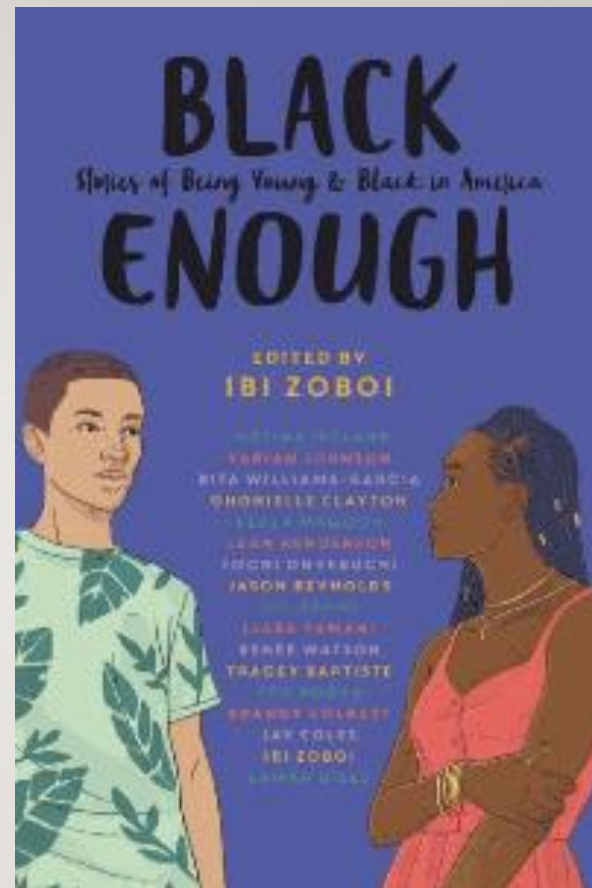
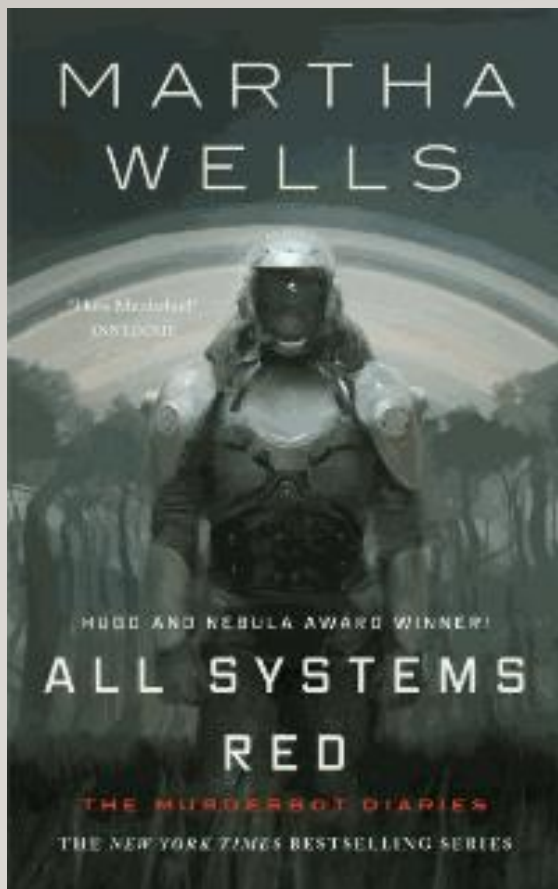
Are you passionate about art? Or do you want to learn more about different art cultures?

Sign up to participate in our first event, a multicultural art fair, where you get to showcase a meaningful piece of artwork in any format and attend a workshop with professional artists & professors. You will also get the chance to share your experience with similar people and take inspiration from others!

## Benefits of attending:

- Broaden your horizons through learning more about yourself and others
- Automatically enter a draw with awesome prizes
- Receive a certificate of participation

Date of event is still TBA, for more detailed information, visit our Instagram @mime.x\_society or website <https://www.mimex.org/>



## NEW LIBRARY BOOKS

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# KODIAK ATHLETICS

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# CLUBS



VIRTUAL MEETINGS ON WEDNESDAYS

# JOIN WYNS CLUB!!!

SIGN UP HERE



Do **YOU** want to help the community?

- Volunteer hours
- Fundraising
- Partnered with Eagle Ridge Hospital
- Helping kids with medical conditions and providing for those in need
- Looks fantastic on University Applications!!!



VIRTUAL MEETINGS ON TUESDAYS

# GARDENBANK SOCIETY

Interested in nurturing nature and fighting food shortages?

- Food Drives
- Planting school gardens
- Fundraisers
- Recycling
- Community events
- Volunteer hours
- Excellent on university applications

SCAN HERE:





# ARE YOU INTERESTED IN MATH CLUB?

- solve some problems/puzzles
- learn more about further math
- special series (current students in STEM field talking about their mathematics experience)
- meet a group of like-minded peers

Contact Ms. Weinkam ([lweinkam@sd43.bc.ca](mailto:lweinkam@sd43.bc.ca)) if interested

# CHARITY BRIGHOUSE



Charity  
Brighthouse



**Need Volunteer hours?**

# Recruiting Volunteers!

**DM US ON INSTAGRAM AT  
CHARITYBRIGHOUSE\_PM** 

We are a student ran nonprofit organization that  
prepares youth to become leaders of today and tomorrow  
by creating and promoting opportunities for success

# JOIN THE PHYSICS CLUB

**WHO:**

All physics enthusiasts!

**Join by emailing:**

Mr. Khalili

[pkhalili@sd43.bc.ca](mailto:pkhalili@sd43.bc.ca)



**“I have no special talents,  
I am only passionately curious”**





@hwss\_photography



Photography  
Club



Click [HERE](#) to  
FILL out the FORM!

# Come & Join!

**\* We will meet on Teams**

- ✓ Building a Photo wall for ALL events/holidays
- ✓ Free to use ANY camera equipment in the school
- ✓ Opportunity to share your photography technique

# HWSOAP TUTORING

Contact [hwsaptutor@gmail.com](mailto:hwsaptutor@gmail.com) for free  
online peer tutoring in all school subjects!



# CAREER CENTER





# Grade 12 students: Scholarships!!

Please see the link for a power point presentation with information on some upcoming major scholarship opportunities.

- You will find links to these plus other scholarships on the career centre webpage under the Finances/Awards tab.
- This PPT is also located on the front page of the Finances/Awards page.
- <http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- Scholarships are listed by due date. Most are external but some are entrance/school specific so check both places.
- Please remember to check back to that page regularly. It is updated as information is released for 2021 scholarship deadlines and procedures.

If you have questions about scholarships please email Ms. Butler  
[dbutler@sd43.bc.ca](mailto:dbutler@sd43.bc.ca)

# Entrepreneurship at Gustavson and UVic

- **Wednesday, December 2, 2020**
- **5:00 PM - 6:00 PM**
- **Status: Space Available**
- **Registration period closes Wednesday, December 2, 2020**  
**This event is scheduled in Pacific Time.**

## Event description

**Speaker:** Mia Maki, Gustavson School of Business

Explore the UVic and Gustavson approach to entrepreneurship, and the many ways it's supported beyond the classroom. Entrepreneurial thinking is an asset in starting companies and within companies, aka intrapreneurship.

<https://my.uvic.ca/Ellucian.ERecruiting.Web.External/Pages/EventDetails.aspx?id=1378b058-fcee-ea11-9440-0050568518f9>





# UBC Engineering Prospective Student Online Presentations

## UBC Engineering Prospective Student Online Presentations

**If you or your students missed any of our presentations this fall, be sure to check out the recordings on [youtube.com/UBCEngineering](https://youtube.com/UBCEngineering).**

**There is still one last presentation coming up before the winter break:**

**Dec 3, 2020 - 4:30-5:00pm**

***UBC Engineering: What To Know About and How To Get Started***

**Find out more info and register [here!](#)**

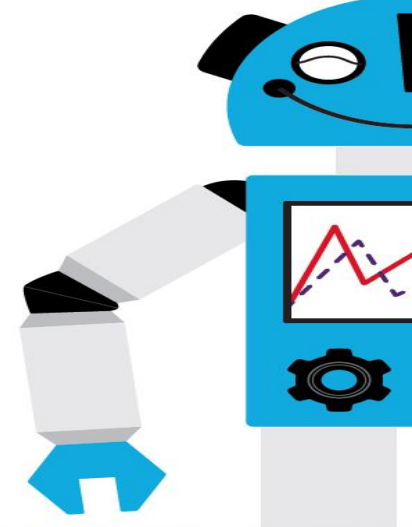


July 5 - 30

# Shad2021

## Virtual STEAM & Entrepreneurship program

- Grade 10 & 11
- 20 days & 100 hours
- ~1000 participants



Real-world design challenge

Work with like-minded youth to come up with a solution to a real-world problem that impacts humankind! #STEAM4Good

### Virtual University partners



Application **deadline** Dec. 7, 11:59 pm ET  
 Apply and learn more: [www.shad.ca/apply](http://www.shad.ca/apply)

# FREE Virtual Event: Hockey Recruiting 101

More than ever, college coaches are at home and focusing on digital recruiting, communicating via emails, texts and DMs while evaluating athletes with recruiting videos and online recruiting profiles. But do you know how to take advantage of this situation?

To help keep your recruiting moving forward, Next College Student Athlete (NCSA) Senior Recruiting Coach and former Norwich University hockey player Alec Thieda is offering a FREE virtual recruiting workshop for athletes and families on

- Wednesday, December 9<sup>th</sup>, 7:00 pm CST/8:00pm EST.
- Topic: Prepskills + NCSA Ice Hockey Recruiting 101

Hockey recruiting has changed a lot in 2020. As the official recruiting partner of PrepSkills, NCSA can help you learn how the recruiting process is currently being impacted. You'll learn about:

- The different routes for a prospective student-athlete (NCAA & ACHA)
- The ins and outs of NCAA hockey
- Athletic scholarships
- Maximizing your online presence

<https://prepskills.com/events/virtual-event-hockey-recruiting-101/>



- **Calling all grade 11 and 12 students!** Join SFU Faculty of Environment for a series of interactive webinars to help you test drive your university experience. Each 45 minute webinar features an SFU professor and current students from different majors within the Faculty including Resource and Environmental Science (November 30) and Archaeology (December 2) to help you experience how studying in the Faculty of Environment at SFU really is more than you think!
- Register here:  
<http://www.sfu.ca/fenv/students/prospective-students/Testdrive.html>



Session Link:

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

(You don't need a MS Teams account or app)

- Parents and students are invited to our BEng Software Engineering information session!
- TRU Bachelor of Engineering in Software Engineering events have transitioned to online for the 2020-2021 school year, but there are still lots of ways for your students to connect with us! We appreciate you sharing the upcoming parent information session with parents and students in your school.

## Virtual Info Session for Parents

New  
admissions  
requirements!

We help students create  
their own path with a career  
in Software Engineering!

### TRU Bachelor of Engineering in Software Engineering

5:00PM, Tuesday, December 15, 2020

MS Teams Virtual Platform

RSVP: [enr@tru.ca](mailto:enr@tru.ca)

[tru.ca/se](http://tru.ca/se)

# THOMPSON RIVERS UNIVERSITY



## BACHELOR OF ENGINEERING IN SOFTWARE ENGINEERING

### Create your own path with a career in Software Engineering

Do you want a career that allows you to make an impact, and that is part of one of the fastest growing and most in demand professions in Canada? Do you want to contribute to the ever-growing need for software based solutions across a variety of industries and professions?

With a focus on skill-based learning and a commitment to small class sizes, the Software Engineering program at TRU provides a hands-on experience led by industry professionals. By blending engineering, business, computing science, project management and quality assurance, students receive a well-rounded and multi-faceted education that equips them with skills needed for the workplace.

#### EXPERIENCE HANDS ON LEARNING

The program's focus on experiential learning includes two mandatory co-op work terms in the fourth year of the program, which puts students in the position to be a paid employee before graduation and have opportunities to test-drive the wide variety of career options available in software engineering.

#### Career Paths in Software Engineering

- Manufacturing
- Medicine
- Banking
- Entertainment
- Research
- Automobiles
- Technology companies such as Google, Amazon and Facebook

#### THE TRU SOFTWARE ENGINEERING ADVANTAGE

- Offers strong foundations in principles and practice of software systems development, and related computing technologies.
- Students develop knowledge of the tools, technical skills and competencies required to design, develop, test and maintain cycles of software product.
- Emphasis on project-based learning practices that apply theoretical concepts to practical problems.
- Co-op work terms to gain relevant, paid work experience in industry.
- One-year design capstone project from real world industry to gain in-depth experiential learning.

#### ADMISSION REQUIREMENTS

##### First Year Entry

- BC Grade 12 (or equivalent).
- BC English 12 with a minimum of 67% (or equivalent).
- Pre-Calculus 12 with a minimum of 67% (or equivalent).
- Chemistry 11 with a minimum of 67% (or equivalent).
- Physics 11 with a minimum of 67% (or equivalent).

*You may also be considered for second or third year direct entry if you have completed or partially completed first or second year science, engineering or cognate department courses. Please contact Dr. Faheem Ahmed for more information and evaluation at [enrg@tru.ca](mailto:enrg@tru.ca).*

#### CONTACT US

**Kammi Madsen,**  
Engineering Advisor & Accreditation Coordinator

778-471-8698 | [enrg@tru.ca](mailto:enrg@tru.ca)

To apply for this program, visit [tru.ca/admissions/apply](http://tru.ca/admissions/apply)

[tru.ca/se](http://tru.ca/se)



# Upcoming SD43 virtual Info sessions:

➤ Monday November 30 6 pm McGill <https://mcgill.zoom.us/j/96285218683>

➤ Community Fairs open to anyone

Wednesday, December 2 3:00 – 7:00 pm

➤ PSBC Registration link:

<https://postsecondarybcvirtualfair.easyvirtualfair.com>



# BISHOPS UNIVERSITY

Tuesday, Dec 1, 2020, 05:00 PM PST :

[https://us02web.zoom.us/meeting/register/tZMkceygqDwrGdbiGV64T06X\\_8GTbn351KZP](https://us02web.zoom.us/meeting/register/tZMkceygqDwrGdbiGV64T06X_8GTbn351KZP)

Thursday, Jan 14, 2021 05:00 PM PST:

<https://us02web.zoom.us/meeting/register/tZMrduCrpzljGNQebEFJTQLKISUGCsWDpstl>

➔ After registering, students will receive a confirmation email containing information about joining the meeting.



**Post-Secondary BC Events: Registration information not yet available but will be soon.**

<https://www.postsecondarybc.ca/events/>

[https://www.youtube.com/watch?v=t7-Ath\\_mH2E](https://www.youtube.com/watch?v=t7-Ath_mH2E)

- Wednesday, December 2      3:00-7:00      Community Event
- \*this event will feature the 25 BC post-secondaries**

OOO NATIONAL PORTFOLIO DAY

**SET  
YOUR ART  
APART**  
↔



FREE + ONLINE PORTFOLIO REVIEWS



## Events

For High School students and High School graduates

**Saturday December 5**

- <https://nationalportfolioday.org/schedule/>
- Register now at <http://nationalportfolioday.live>

# SFU – Beedie School of Business



**Are you interested in attending the SFU Beedie School of Business?**

## **Webinars**

- We will be hosting webinars on Wednesdays at 4pm. All are welcome to attend, and registration can be made at [beedie.sfu.ca/bachelor-of-business-administration-webinars](https://beedie.sfu.ca/bachelor-of-business-administration-webinars)
- **Interactive Viewbook**
- Our interactive viewbook, complete with stats, student testimonials, and video content is now available! Go to bottom of the page on [beedie.sfu.ca/bba](https://beedie.sfu.ca/bba) to take a look.
- **Connect with a Current Student or Advisor**
- Do you have questions about the SFU experience? Are you interested in tips on how to make a successful transition to university from someone who's already done it? Book a video conference chat with a current SFU Beedie student or one of our advisors at [sfubeedie.janeapp.com](https://sfubeedie.janeapp.com).
- If all advisor slots are booked, send us an email at [bsb\\_admit@sfu.ca](mailto:bsb_admit@sfu.ca) to set up a time.

# REPEAT NOTICES

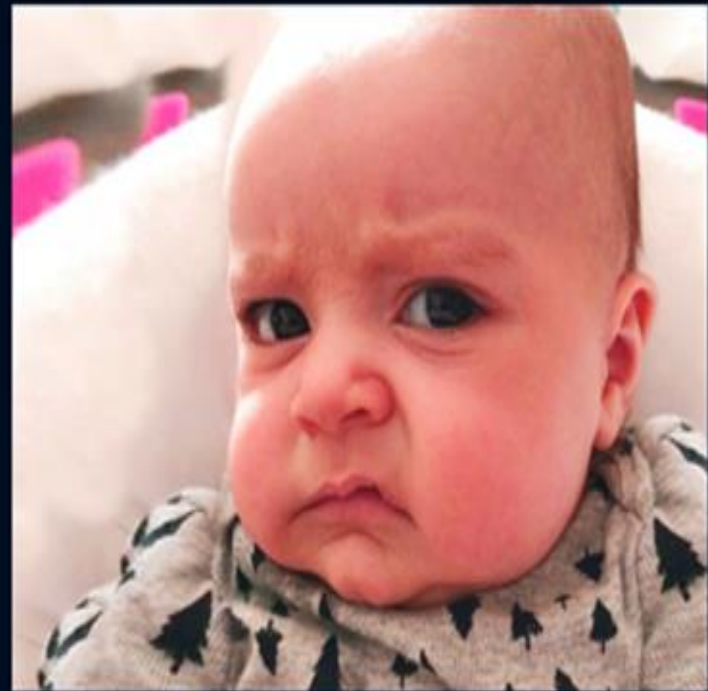




# YEARBOOK SALES

- Online and available for purchase now, \$45. Early January deadline. After that? Mrs. Gilder will only order a few extra, try to get your orders in as soon as possible.
- Don't be late with your orders. This is a firm deadline.
- Please come to the 3<sup>rd</sup> floor to verify the spelling of your name and what name you wish to use for the yearbook.

GENERAL EXPRESSION AFTER  
YEARBOOKS ARE SOLD OUT...



# VOLUNTEER OPPORTUNITY



## Looking for Snow Angels

- The Snow Angels program is actively recruiting volunteers for the winter season. We are looking for volunteers to assist individuals in our community who are unable to clear snow from the city sidewalks due to physical disabilities or restrictions. This is an on call position for volunteers until March 31; weather dependent.

### To Be a Snow Angel you must:

- Be 16 years of age or older;
- Live within close proximity of the participants houses; you can sign up for addresses that are close to you from the volunteer database;
- Clear snow from your matched city sidewalk(s) within 10 hours of the cessation (stop) of any snowfall that caused any accumulation of snow or ice on any city sidewalk
- Complete the snow shoveling before 7:30 pm (not to shovel in the dark)
- Be in adequate physical condition and capable of clearing snow
- Shovel, safety vest, toque and scarf are provided! (if needed)

**Commitment:** 1-2 homes per individual for the winter season; which is typically from mid-November to the end of March.

- If you would like to volunteer, please signup using this link <http://btrr.im/xd7fg> and sign up for an volunteer account. You will need to complete a Police Information Check and once this is complete you can sign up as per below:
- • Opportunities Tab – click on filter by organization
- • Organization – City of Coquitlam – Special Events/Projects, Park Programs, Snow Angels, Volunteer Training
- • Category - Snow Angels Sign-up (let us know that you are interested)
- Snow Angels Orientation Manual is will be sent upon approval, and please watch the [Proper Snow Shoveling Techniques video](#). Then you can you can sign up for addresses that are close to you from the volunteer database;
- Organization - Snow Angels – Sidewalk Snow Removal
- Sign up for any of the addresses that are listed (more are added daily/weekly)
- Once you confirm assignment, Community Services staff will email you the exact address for you are to shovel in the event of a snow fall.
- Keep track of/log dates and hours volunteered through [www.myvolunteepage.com](http://www.myvolunteepage.com)
- For more details or assistance, call the Volunteer Services at 604-927-6922 or email [volunteers@coquitlam.ca](mailto:volunteers@coquitlam.ca).



# Sasamat Outdoor Centre Youth Leadership Program

## January – April for High School Students

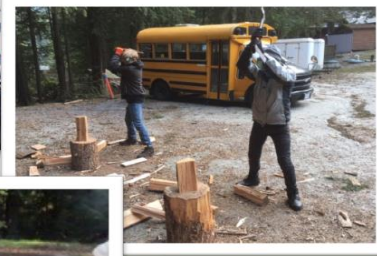
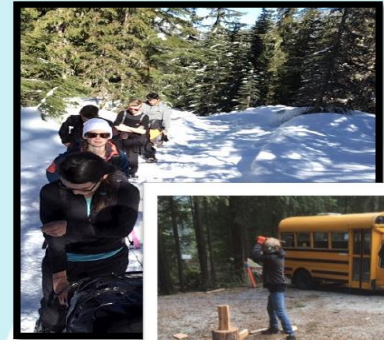
### Sasamat Outdoor Centre Youth Leadership Program

January – April for High School Students

With over 30 years of community leadership programming, Sasamat outdoor centre has a fun and engaging curriculum.

- 4 month long program includes:
- Weekly 2 hour (online) lessons
  - Experienced leadership staff and facilitators
  - Hands on learning and weekend events
  - Leadership Certification

- Covid safety and risk management
- Rigorous cleaning routine and risk management practices
  - We follow the most up to date guidelines provided by health officials
  - We have seen success with our safety practices throughout our summer and weekend day camp programs.



Weekend events hosted at Sasamat Outdoor Centre!

- Weekend events hosted on 6 acres of outdoor space
- Overnights include individual rooms and cabins (with options for up to two people upon request)
- Weekend outdoor day trips like snow shoeing, hiking, and canoeing!

Registration is now open!

For details or to register check out [www.Sasamat.org](http://www.Sasamat.org) or give us a call at 604 939 2268





Science Connecting Youth



Interested in science and medicine but still not sure which specialty to pursue?

We feature undergraduate/graduate students and working professionals on our platform where you can ask questions about their experiences in science and medicine!

Check out [@scyvancouver](#) on Instagram or [our website](#) to learn more about what opportunities are out there for you!

